

## ICLC Teen Program waiver

Attention: Minor participants (less than 18 year old) & parents/guardians  
**Please read carefully, sign and return to ICLC**

### ALAJUELA PROGRAM – SPECIFIC INFORMATION

1. If in your country you find out that there is a flight delay or a flight cancellation, please immediately contact the following emergency numbers:  
Sonia Rojas C., ICLC Administrative Director: (506) 2438-6200  
Ronny García M, ICLC Academic Director: (506) 8855-1036  
ICLC directors will contact your Costa Rican host family.
2. The host family and ICLC staff will only play a supervisory roll. Just so you are clear of it, minor participants will not have an escort 24 hours a day. Since the moment that ICLC orientation is received, minors will come and go independently.
3. Minor participants must have a budget of around \$6 per day to use taxi service to come and go to and from ICLC facilities.
4. The host family will be in charge of laundry but the minor participant is responsible for washing underwear daily. Please never leave dirty undergarments in your bedroom.
5. Host families will not change their food habits while receiving participants from other countries. The host mother will always offer the participant what they usually eat for breakfast and dinner (lunch is not included). Please, never throw food on the garbage.
6. The home stay is for participants only; guests may not be brought to the homestay.
7. Participants may not make phone calls from homestay.
8. Parents may call the participants at the homestay. It is customary to keep calls brief.
9. Participants are expected to be courteous and respectful guests and should obey all local laws.
10. Improper behavior will not be tolerated, this includes: dressing in an unacceptable (indecent) way, ignoring curfew, smoking, drinking, entering a bar, discotheque or a place where drugs or alcohol are sold, fighting with other participants, using dirty impolite vocabulary when talking to classmates, to host family members, to teachers, ICLC staff members or to locals.
11. Every weekday, participants are expected to be home before it gets dark (**around 6:00 p.m.**) and must abide other house rules.
12. There is a law in Costa Rica that protects children under 18 year old. Due to this specific legislation if Costa Rican authorities find minors on the streets, in a discotheque or in a bar, late at night (past 10:00 p.m.), the host family could be punished. For this reason Costa Rican host families will only accept minor participants if they compromise to obey all ICLC and family rules and guidelines established.
13. In very specific cases, a minor participant could ask the Costa Rican host mother or father, permission to go out past 6:00 p.m., but the minor participant will not be escort, and must return to the house at 10:00 p.m. or before. Been out of the house when is dark or later than 10:00 p.m. could be very dangerous and risky, because public buses in the area stop running at 10:00 p.m. and after that, streets are very lonely.
14. If the host family informs ICLC that a minor participant disrespected the 10:00 p.m. curfew, the participant will receive a warning letter, parents/guardians in the home country will be informed through e-mail or phone call (costs for the phone call will be covered for parents), and the following occasion that the participant disregard rules established the participant will be sent to the home country.
15. For weekend trips ICLC will provide supervision only on trips offered exclusively for teenagers. Please request the list with dates and prices if you are interested.
16. To be able to book other weekend activities, minors **MUST** have parents consent permitting the minor participant to travel independently. Travel independently is with **NO ICLC supervision** at all.

17. Travel independently **DOES NOT include overnight stay**. When traveling independently the minor participant must return to the house the same day of the trip and before 10:00 p.m.
18. Travel independently has high risks and parents in the home country must take action to any unexpected situation that might arise during the minor's independent trip. This includes traveling to Costa Rica to resolve a grave incident or any other serious situation. Travel costs for the parent's trip to Costa Rica will be covered for parents.
19. Drugs and alcohol are banned completely. It is absolutely forbidden to come to ICLC or to stay in the home of your Costa Rican host family under the effects of drugs or alcohol. Any use of drug or alcohol may cause your immediate termination as a student of this Institution, including cancellation of your host family program and no refunds will be provided.
20. Minor participants can not enter, for any reason, to bars or discotheques. If ICLC Administration is informed that a minor participant disrespects this important rule, the participant will receive a warning letter, parents/guardians in the home country will be informed through e-mail or phone call (costs for the phone call will be covered for parents), and the following occasion that the participant disregard rules established the participant will be sent to the home country.
21. Parents must contact ICLC Administration directly, if necessary to request an extension of the Program. Extra home stay days are available for an extra charge of \$25 per night and only for courteous and respectful participants.
22. For departure date, only passengers are allowed to go inside the terminal. The host family will drop off the minor participant in front of Juan Santamaría International Airport or they will provide a well known taxi service. The family will pay for the service. Make sure to inform the family in writing, ahead of time, exact departure time and date.
23. If for some reason you miss the plane on departure date, please contact ICLC emergency numbers immediately (2438-6200 or 8855-1036) and return to the same host family accommodation. Minor participants are not allowed to spend a night in a hotel accommodation, alone. Additional charge for accommodation must be covered if this incident happens.
24. ICLC reserves the right to refuse to serve, cancel and/or terminate participation for any person who fails to comply with the policies of the program, or for any other reason deemed necessary at the sole discretion of ICLC Administration. We reserve the right without escort or refund to send home any participant who violates the rules stated above at the expense of the participant or his/her family.

**Parents/guardians agreement to terms:**

I have read and fully understood the specific 24 guidelines as explained in this waiver.

Mother's Signature (1) \_\_\_\_\_ Printed name \_\_\_\_\_  
 Emergency number \_\_\_\_\_ E-mail address \_\_\_\_\_

Further, I have also read and understood the information in regards to independent travel and:

Yes \_\_\_\_\_ I authorize my child to travel independently only for one day or  
 No \_\_\_\_\_ **I do not** authorize my child to travel independently

Father's Signature (2) \_\_\_\_\_ Printed name \_\_\_\_\_  
 Emergency number \_\_\_\_\_ E-mail address \_\_\_\_\_

Further, I have also read and understood the information in regards to independent travel and:

Yes \_\_\_\_\_ I authorize my child to travel independently only for one day or  
 No \_\_\_\_\_ **I do not** authorize my child to travel independently

**Minor participant agreement to terms:**

I have read and fully understand the specific guidelines as explained in this waiver. I agree to abide all school and host family rules, curfews and policies which may be conveyed to me while participating in the Alajuela Program.

Minor Participant's Signature \_\_\_\_\_ Printed name \_\_\_\_\_  
 Telephone number \_\_\_\_\_ E-mail address \_\_\_\_\_

**\* River rafting experience is a high risk adventure. If minor participants wish to participate in a river rafting activity parents must sign an additional consent. Please read the following page:**

**Very important issue!!**

\* In regards to the river rafting trip:

It is indispensable that parents and participants are informed that from June to October it is rainy season in Costa Rica and river rafting is an adventure trip with high risks.

If you agree that your son or daughter participates in this hazardous activity you must be aware that neither ICLC nor Natural Adventures will be responsible for any accidents or incidents that may occur during the excursion.

Please complete the following information with the name of the participant and re-confirm that your son or daughter has your approval to participate in the river rafting trip.

Without parents consent signed, minor participants will not be permitted to register on this trip.

Do not hesitate to contact me if you have any questions.

Sincerely yours,

Sonia Rojas  
ICLC Administrative Director  
[srojas@iclc.ws](mailto:srojas@iclc.ws)

**Parents consent and participant's personal information:**

I give my permission to my daughter/son \_\_\_\_\_, to go on a river rafting adventure. Name of the participant

\_\_\_\_\_  
Parent's signature

\_\_\_\_\_  
Parent's printed name

Parent's telephone # \_\_\_\_\_

Parent's e-mail address \_\_\_\_\_

Date \_\_\_\_\_